

FEBRUARY 2021

Town & Gown

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Raising a Community

Saint Joseph's Catholic Academy celebrates 10 years
of faith, scholarship, leadership, and service

Inside: Cael Sanderson and the importance of gratitude
• Special Parenting section

Saint Joseph's is featured in the February
issue of Town & Gown. Each Saint Joe's
family will receive a copy to read about our

10 years of growth, what makes our school special, the abundant opportunities offered for students, and learn how some of our alumni benefited from their Saint Joseph's education!

A Message from Ms. Mallett

Next week Our Lady of Victory Catholic Schools and Saint Joseph's Catholic Academy are celebrating Catholic Schools Week from Sunday, January 31 through Saturday, February 5, 2021. The theme for the week is **"Experience the warmth and love of Jesus Christ in Catholic Schools of Centre County."** Our students here at Saint Joe's certainly embody this theme. In support of our theme, this year we have incorporated the values of empathy, charity and kindness into our daily conversations and actions. The students experience the love and warmth of Christ and how to make this real in their daily lives! Thank you for choosing a Catholic education for your child. We understand the sacrifice you make to have your children here at our school and take our responsibility for their education very seriously. Thank you for joining us in educating our next generation of faithful citizens and leaders.

If you are interested in learning more about our local Catholic Schools please use these links to find out more.

Our Lady of Victory Catholic School K-8
Our Lady of Victory Preschool
St. John the Evangelist Catholic School
Lock Haven Catholic School



As we celebrate our 10th year, Saint Joseph's Catholic Academy seeks dedicated women and men to answer the call and serve our students and faith community on the Board of Trustees. If you have a passion for Catholic education, please submit questions, nominations, or a letter of interest and résumé for consideration to Saint Joseph's Catholic Academy Board of Trustees, 901 Boalsburg Pike, Boalsburg, PA 16827 or email SJCABOT@stjoeacad.org

To learn more about this opportunity, click [here](#).

College Corner



Senior Checklist to College Readiness

1. Meet with your counselor to go over your graduation requirements and plan.
2. Visit as many colleges if possible. If you can't visit in person, do virtual tours.
3. Request an updated senior transcript be sent to the colleges of your choice.
4. Ask specific recommenders to write you a letter of recommendation.
5. Request your letters of recommendation be sent to the colleges of your choice.
6. Fill out your FAFSA Application and any Scholarships Opportunities.
7. Focus on dates and deadlines for your college applications, FAFSA application and scholarships.
8. Send SAT or ACT scores to the colleges of your choice. (Only if requested by your specific college).
9. If you a student athlete, fill out the NCAA requirements and contact college coaches.
10. Follow up with checking your college portals to see if you have items still needed to complete the college application process.

Resources for College

PHEAA.org

PA State Grant Program and other state-administered financial aid programs.

MySmartBorrowing.org

An Interactive tool that helps you calculate and compare the cost of your college choices.

studentaid.gov

Info on preparing for and funding your education and excellent resource for questions regarding federal aid.

studentaid.gov/aid-summary

A central database containing info about your federal loans and grants.

PHEAA.org/PAForward

PA Forward Private Student Loans

fastweb.com

Free search tool for scholarships, internships, and part-time jobs.

collegecost.ed.gov

Links to colleges' net price calculators

2020-21 SAT Administration Dates and Deadlines In School Day at Saint Joseph's

March 24 - must register with Ms. Ling and pay by Feb 17

April 13 - must register with Ms. Ling and pay by March 5

April 27 - must register with Ms. Ling and pay by March 19

2020-21 SAT Administration Dates and Deadlines Outside of Saint Joseph's

March 13, 2021	SAT Subject Tests not offered on this date	February 12, 2021	February 23, 2021 (for mailed registrations) March 2, 2021 (for registrations made online or by phone)	March 2, 2021
May 8, 2021	See SAT Subject Tests available on this date	April 8, 2021	April 20, 2021 (for mailed registrations) April 27, 2021 (for registrations online or by phone)	April 27, 2021
June 5, 2021	See SAT Subject Tests available on this date	May 6, 2021	May 18, 2021 (for mailed registrations) May 26, 2021 (for registrations made online or by phone)	May 26, 2021

2020-2021 ACT Test Dates (act.org)

April 17 - must register online by March 12, 2021

June 12 - must register online by May 7, 2021

July 17 - must register online by June 18, 2021



Information

For an update of our Winter athletics, go to SJCASports.org



Dear WolfPack Community,

Welcome to 2021! The Pack is back in action.

Keep Up-To-Date

Please remember that www.SJCASports.org is the "one stop shop" for all things sports and activities. Announcements, schedules, online registration, travel information, links to social media, and more can be found here. Please continue to visit <https://www.instagram.com/saintjoesatholicacad/> and <https://twitter.com/goSJCASports> to follow the happenings around campus.

Watch Live Online Events (NFHS Network)

If you are interested in watching WolfPack Basketball online, please click the link below. We are excited to have the technology to produce quality live events. All home basketball games will be live streamed using this link. Live streaming for away games will be dependent on the host school. Individuals will need to subscribe to watch live sporting events. People can sign up for a monthly (30 day) subscription which is \$10.99 (Annual Subscription Available as well). You will have unlimited access to all the games for that month as well as games from other schools. Individuals will be able to go back and re-watch games as well. Please consider supporting SJCA.
<https://www.nfhsnetwork.com/schools/st-josephs-catholic-academy-boalsburg-pa>

Back the Pack

The Pack Athletics & Activities Committee (PAAC) will be looking for volunteers to help plan, organize, and run the Golf Outing. Mark your calendars for Monday, June 7th. More details for this event will be coming in the next several weeks. If you are interested in helping, please let me know. More information for ways to give can be found here (<https://sjcasports.org/main/boosters/>). The group is currently on hiatus due to Covid-19 guidelines but hope that our meetings will start-up again soon.

Our programs cannot be successful without your support. Thank you for all your time and efforts. If you have any questions or concerns, please do not hesitate to reach out to me jrodkey@stjoeacad.org

Blessings & Go WolfPack!

Dr. Justin Rodkey, Director of Athletics & Activities

**Saint Joseph's Catholic Academy Joins the Tri
Valley Athletic Association**



In its 10th year of existence, Saint Joseph's Catholic Academy is pleased to announce their admittance to the Tri Valley Athletic Association (TVAA) effective in the 2022-2023 school year.

Director of Athletics & Activities Dr. Rodkey is looking forward to this opportunity. "The WolfPack is excited to be joining the Tri Valley Athletic Association. The TVAA has great coaches and quality athletic programs. We believe this league is a great fit for our school and athletic programs."

The TVAA is currently home to East Juniata High School, Greenwood School District, Halifax Area School District, Juniata High School, Line Mountain School District, Millersburg Area School District, Newport School District, Susquenita School District, and Upper Dauphin Area School District.

Juniata County School District's Athletic Director Mr. Quici is looking forward to the addition of Saint Joe's to their league. "A few short years ago we were very concerned about the future of our league, with this addition, it shows the determination of the league administrators to keep our league alive and thriving. Saint Joe's will bring a nice variety of sports and raise the competition level for all of our teams."

The move will bring stability to Saint Joe's athletics and help to build relationships in new communities. Ms. Mallett, Saint Joe's Head of School, sees these advantages acknowledging, "Being a member of this league will bridge gaps, bring people who otherwise might not interact together, and provide opportunities for our student athletes not available elsewhere. We are looking forward to sharing experiences with the teams and communities of the schools involved with the TVAA."

"The TVAA is excited to bring in SJCA," Mr. Todd Rupp, Executive Director of the Tri Valley Athletic Association, said. "SJCA will be a great addition to our league providing solid competition."

"I am grateful to Mr. Rupp and the league athletic directors for giving us this opportunity. This move will benefit our student-athletes and we are looking forward to growing our relationships with the member schools," Dr. Rodkey commented.

More League Information: <https://www.trivalleyleague.com/>

Brendan Scanlon Scores 1,000 Points



Basketball coach Richard Ciambotti told Scanlon that he was close to his 1,000th point, but never informed Scanlon just how close. After making the shot in the Montoursville game on January 18th, Coach Ciambotti called timeout to deliver the good news.

"It's exciting to accomplish this and to see all of the time I have put into basketball pay off. I'd like to thank my Mom, Dad, brothers, sister, and Coach Ciambotti for helping me get here" Scanlon reflected.

According to Coach Ciambotti, "Brendan puts in countless hours in the gym and on his driveway at home. He works very hard at his craft, to become the best ball-handler, passer and shooter he can be. I am so proud of the way he has matured, both as a player and as a person. It takes a lot of practice to fine tune one's game to the point of being able to score 1000 points."

As for his future, Scanlon hopes to continue his athletic career by playing basketball at the collegiate level. Scanlon joins Stephen Beattie and Jack Mangene as only the third player in program history to hit this mark.

Development & Advancement

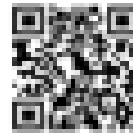
Joseph's Annual Fund Update and Still Time to Give!

Our Annual Fund Drive has now been underway since November and we sincerely thank everyone who has given to this year's Joseph Annual Fund Drive. We are happy to report that current contributions have now exceeded \$70,000! We are so grateful for each and every person who has been *All In* for Saint Joseph's! You are directly impacting our students!

If you have not given yet, we ask you consider joining us in being *All In* for our current and future students. Each and every gift matters and counts toward success. If you have any questions, please contact Susan Robinson Fruchtl at 814-808-6118. Join us and be *All In* for Saint Joseph's!



1. Download this QR Code with your phone and give now:



2. Give online at www.stjoeacad.org – click the **GIVE NOW** link at the top of the page

Name a Scholarship at Saint Joe's!

Named scholarships benefit qualifying Saint Joseph's students. To establish a Named Scholarship, a commitment of \$500 or more for a minimum of three consecutive years is required. This allows the donor(s) to work with the school to create the scholarship in their name or the name of someone they wish to honor.

With a named scholarship, your entire contribution is awarded each year to a qualified student. Without this support, some students would not be able to financially attend Saint Joe's.

Saint Joseph's Catholic Academy will recognize the Named Scholarship Program donors at a yearly event. This event will provide the opportunity for our thoughtful and generous benefactors to meet their scholarship recipient(s) and for our student scholarship awardees to personally thank the individual or family for their commitment and support of their Catholic education.

To learn how to Name a Scholarship at Saint Joe's, email Susan Robinson at srobinson@stjoeacad.org or call her at 814-808-9118.

Thinking about applying to Saint Joseph's?

Brandi talks about why Saint Joe's is so special.



To learn more about applying, contact Maryann Lingenfelter at mlingenfelter@stjoeacad.org or (814) 808-6118.

To apply, students and families will complete the following:

1. Complete an online application and submit the application fee.
2. Schedule a meet and greet.
3. Provide past transcripts or report cards.
4. Complete the enrollment process.

Alumni Spotlight

By: Susan Robinson Fruchtl

Each month we will check in with some Saint Joseph's Alumni doing a Q & A to spotlight their journeys. Our spotlights this month are Abdullah Almutlaq '15 and Grace Cousins '17. Thanks to Abdullah and Grace for sharing about their journeys and how Saint Joe's has impacted them. They continue to utilize their Saint Joe's experience to do things they are passionate about!



Greetings from Riyadh!

Abdullah Almutlaq – SJCA Class of 2015

1. Describe your college experience; Where you attended; Your major(s) both undergrad and graduate; A couple of your favorite things about your college experience.

I went to Penn State and graduated in December 2019. I graduated Summa Cum Laude with a double major in Accounting and Finance, a minor in Supply Chain and Information Sciences & Technology, and an Integrated Masters in Accounting (MAcc). Going to college has been a rewarding experience! I learned a lot from the experiences of the thousands of people that I met, and I also learned a lot about myself and my passions and interests. One of those passions that I discovered while in college is my interest in the connoisseurship and science behind specialty coffee. Surprisingly, there was a coffee club on campus that I joined for two years until becoming its treasurer.

2. What are you currently doing from a career or education standpoint?

After graduation, I pursued a career in private equity and venture capital. I joined an investment team of 30 in a firm called Sanabil Investments, a \$7.0 billion assets under



Grace is working diligently to complete her final semester at Savannah College of Art and Design.

Grace Cousins – SJCA Class of 2017

1. Describe your college experience; Where you attended; Your major(s) both undergrad and graduate; A couple of your favorite things about your college experience.

I went to Savannah College of Art and Design in Savannah, GA and will graduate in 2021. I was on the track and cross-country team and I study Interior Design. My favorite things about my school include how colorful and historic each building is and the amazing people I have met. I will miss going to the beach on the weekends with my teammates and friends and our runs around the city.

2. What are you currently doing from a career or education standpoint?

Currently I am finishing up my last semester at SCAD while assistant coaching track with coach Jayson Jackson at Saint Joe's. I also am a custom watercolor portrait artist and am an intern at Souled Home Design. I am working towards opening

management private company with a mandate to invest in illiquid securities. My role there is to carry out the due diligence process and make recommendations regarding private companies or private funds for a potential investment by Sanabil. Since joining the firm in early 2020, I helped Sanabil deploy over \$150 million across private companies and funds in different geographies around the world. One of the deals that I worked on is Caffeine (not coffee related!), a streaming platform for gaming, sports, and entertainment. From an education standpoint, I am pursuing several professional certificates that I hope will further my understanding of the accounting and finance fields. I have passed three out of four parts of the CPA exam, both parts of the CMA exam, and I am setting for the CFA level II exam in May of this year.

3. What are some of your favorite things you like to do in your personal time?

I like to run and play volleyball whenever I have free time! Also, while I did not major in STEM, I still like to read articles and watch videos about astronomy, physics, and artificial intelligence. Saint Joe's physics and chemistry classes really peaked my interest in those subjects, and I have been keeping tabs on those fields ever since.

4. How did Saint Joe's impact you? And how are you using the things you learned at Saint Joe's today?

Saying that the quality of education at Saint Joe's prepared me well for college and beyond is an understatement. I am grateful for the care and attention that I received from my teachers and

my own interior design studio in the future.

3.What are some of your favorite things you like to do in your personal time?

I enjoy running and working on design projects for family and friends along with drawing and painting.

4.How did Saint Joe's impact you? And how are you using the things you learned at Saint Joe's today?

Saint Joe's impacted me even after graduation. The connections I made at the school are something I will always be grateful for. My art teacher at Saint Joe's and coach have always supported both my art and athletic career and continue to do so. I still have their advice in my head, and it has helped me throughout college to remember I am strong. I think about the workouts and races I completed at SJCA and when things get tough, I think about how I pushed through with Coach Jackson's advice.

5.Any family updates or other updates you want to include.

My sister Emma is a teacher at OLV, and I love seeing the activities she has planned for the kids and how happy her students make her. My sister Lindsay is living in Philly and Alyssa has moved to Texas.

6.What are you passionate about?

I am passionate about my art and design work. I am very excited to graduate and focus on making my passions a career.

7. One of your favorite quotes or Bible verses:

One of my favorite quotes is one Coach Jackson would say before

the staff, and the school's fostering environment for extracurricular activities and entrepreneurship.

every race... "stay gold" which is taken from The Outsiders when they quote Robert Frost's poem, Nothing Gold Can Stay.

5. One of your favorite quotes or Bible verses:

I'm not a Christian, so I do not have a favorite verse from the Bible. However, my favorite verses from the Quran (which I think transcends religions) are: "and vie one with another for forgiveness from your Lord, and for a paradise as wide as are the heavens and the earth; prepared for those who spend in ease and in adversity, those who control their wrath, and those who are forgiving toward mankind."



How Can You Help?

During this health crisis Amazon Smile is still helping non profits and putting a smile on our faces. As you are shopping for supplies please consider using Amazon Smile for your purchases and continue to help Saint Joe's.



The money that is raised helps the school cover the costs for cleaning, repairs, and technology expenses associated with this crisis.

Would you be willing to help? First, sign up yourself! Then, send this note to your friends and family and ask them to participate with us.

Signing up is easy!

AmazonSmile is a way for families and friends to support your Saint Joe's every time you shop with Amazon. Shoppers who start at smile.amazon.com will find the same **Amazon** they know and love, with the added bonus that **Amazon** will donate a portion of the price of eligible purchases to Saint Joseph's Catholic Academy.

Here's how to shop **AmazonSmile**:

1. Visit smile.amazon.com
2. Sign in with your Amazon.com credentials.
3. Choose a "St Josephs Catholic Academy"
4. Select St Josephs Catholic Academy Inc.
4. Start shopping!
5. Add a bookmark for smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.

This Month in Homily Happenings...

Each week students, faculty, and staff attend Mass in the Robert and Alice Thomas Student

Life Center. Father Jonathan delivers weekly homilies that truly resonate with students and the community alike. If you are interested in watching weekly Mass, check out Saint Joseph's Facebook for the live stream from 9:23 a.m.-10:05 a.m. or catch the Homily Happenings recap on Saint Joseph's Facebook, Instagram, or Twitter.

Below is a Homily Happening from Mass on January 14th.

Today in Homily Happenings...

Life is hard...bad days are a part of life, compassion helps to heal.

That was the message in today's homily as Father Jonathan spoke about the leper who came to Jesus asking to be healed. Jesus showed the man the pity and compassion that we all want. We all have bad days and experiences, we suffer, and we have pain. We carry a weight upon ourselves that Jesus wants to take from us. He comes to us and asks for our pain and suffering and shows the pity and compassion we desire, even if we don't want to admit it. We are all broken and want some compassion-- whether it be in the form of a hug, smile, or an expression of understanding. Pity and compassion are gifts that Jesus has given us and they are blessings.

Important Dates

Out of Uniform Day
January 29th

Catholic Schools Week
January 31st- February 6th

No School
Presidents' Day
February 15th

Enrichment Day- Leadership
February 16th

Out of Uniform Day
February 26th

Athletic Events

Go to SJCASports.org for an athletic schedule.

