



A Message from Ms. Mallett

Dear Saint Joe's Community,

It is truly an honor and a privilege to be a member of this great high school. We are proud to be the "WolfPack" which is demonstrated through the determination, dedication, and perseverance of our students.

As we enter the season of Lent, we are asked to examine our lives so that we might better live the life that God intends: a life of charity, service, and prayer. During this Lenten season, may we each prepare ourselves to live better in God's service so that we fully celebrate the miracle of the resurrection at Easter. I encourage you to think of the many ways we can make a difference at Saint Joe's. It is important that we share the love of God in our school and with each other. Our students are truly remarkable individuals with tremendous talents and gifts.

The Year of Saint Joseph!

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.

Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.
Obtain for us grace, mercy and courage,
and defend us from every evil. Amen.

Sincerely,
Ms Mallett



Saint Joe's Seeks Additional BOT Members As School Heads Into Second Decade

As we celebrate our 10th year, Saint Joseph's Catholic Academy seeks dedicated

women and men to answer the call and serve our students and faith community on the Board of Trustees. If you have a passion for Catholic education, please submit questions, nominations, or a letter of interest and résumé for consideration by March 1st to Saint Joseph's Catholic Academy Board of Trustees, 901 Boalsburg Pike, Boalsburg, PA 16827 or email SJCABOT@stjoeacad.org

To learn more about this opportunity, click [here](#).

Saint Joe's Celebrates Catholic Schools Week



For one week each year, Saint Joseph's Catholic Academy gets a week to celebrate its Catholic identity alongside all of the other Catholic schools across the country. This week, known as Catholic Schools Week, has been around since 1974 and serves as an annual celebration of Catholic education in the United States.

Saint Joseph's celebrated Catholic Schools Week with themed dress-down days, all-school praise and worship services, and more. Faculty and staff were celebrated with breakfast delivered by students. The thoughtful gesture was returned a few days later as faculty and staff served ice cream to students during lunch.

The entire school engaged in a little friendly competition throughout the week with the help of their color cup teams. Every student, faculty, and staff member in the school is divided up on a color cup team. These teams compete in color cup challenges throughout the school year. For Catholic Schools Week, each team collected canned goods to donate to the Food Bank. Not only did the winning color cup team win a prize, but they won coveted points for their teams.

Saint Joe's Head of School Ms. Jennifer Mallett views Catholic Schools Week as a way to have some fun and to celebrate the school's Catholic identity. Furthermore, this week helps shine a spotlight on what it means to receive a Catholic education. To Ms. Mallett, the value of a Catholic education lies in Saint Joe's "commitment to help our students become better people. We hold our students to high standards and expectations so they will achieve more than they think they can! We don't just provide a great education; we prepare our students for life. There is no higher calling than for our faculty and staff to develop the next

generation of educated Christian leaders through our four pillars of Faith, Scholarship, Leadership, and Service.”

According to the National Catholic Educators Association, the events organized throughout Catholic Schools Week “focus on the value Catholic education provides to young people and its contributions to our church, our communities and our nation. The legacy of a Catholic education is more than the knowledge imparted to our students; it is the development of a deep and abiding sense of faith, the realization of the value of moral character and the inspiration of a life-long journey of learning.”

College Corner



Senior Checklist for College Readiness

1. Meet with your counselor to go over your graduation requirements and plan.
2. Visit as many colleges if possible. If you can't visit in person, do virtual tours.
3. Request an updated senior transcript be sent to the colleges of your choice.
4. Ask specific recommenders to write you a letter of recommendation.
5. Request your letters of recommendation be sent to the colleges of your choice.
6. Fill out your FAFSA Application and any Scholarships Opportunities.
7. Focus on dates and deadlines for your college applications, FAFSA application and scholarships.
8. Send SAT or ACT scores to the colleges of your choice. (Only if requested by your specific college).
9. If you are student-athlete, fill out the NCAA requirements and contact college coaches.
10. Check your college portals to see if you have items still needed to complete the college application process.

Junior Checklist to College Readiness

1. Identify your goals and priorities
2. Research the type of career and training you will need by visiting [O*NET Online](#)
3. Explore the schools that offer the training and degrees that you might be interested in attending.
4. Make sure the classes you are taking at Saint Joseph's match with what you would need

- to take for your degree or to get into the field you are interested in at that college.
5. Discuss options with your parents or guardians about schools and career options.
 6. Discuss how to pay for college (parents will pay, or will you be paying for college)?
 7. Login to CollegeBoard.org to make an account to register for the SAT or ACT exams. If you already have an account from taking the PSAT testing last year, you will use the same login.
 8. Take at least two standardized tests (SAT or ACT) before the end of the summer after your junior year. If you can't get two tests in before the end of the summer, you must have all your testing done by October in order to begin the application process to colleges for early action (November 1st) in your senior year.
 9. Identify the colleges you would like to visit. Please try to visit at least 5 to 6 colleges before October of your senior year.
 10. For each college you visit/have interest, go to the admissions or undergraduate admissions tab to create a login account for that college.
 11. Set up a day to visit that college. Make sure you bring questions to ask about the college. Research what the college has to offer for your degree or college activities. Also research the career placement in your field at that college.
 12. If you are a student athlete looking to play in college D-1, D-2 or D-3, please make sure you fill out the NCAA Eligibility form by going to ncaa.org/playcollegesportseligibilitycenter.org . You must have this form filled out if you are planning to play competitive sports in college.
 13. Start researching scholarship opportunities at:
 - CollegeNet.com
 - Fastweb.com
 - CollegeBoard.com
 - MySmartBorrowing.org

College Resources

PHEAA.org

PA State Grant Program and other state-administered financial aid programs.

MySmartBorrowing.org

An Interactive tool that helps you calculate and compare the cost of your college choices.

Studentaid.gov

Info on preparing for and funding your education and excellent resource for questions regarding federal aid.

Studentaid.gov/aid-summary

A central database containing info about your federal loans and grants.

PHEAA.org/PAMForward

PA Forward Private Student Loans

Fastweb.com

Free search tool for scholarships, internships, and part-time jobs.

Collegecost.ed.gov

Links to colleges' net price calculators

2020-21 SAT Administration Dates and Deadlines In School Day at Saint Joseph's

April 13 - must register with Ms. Ling and pay by March 5

April 27 - must register with Ms. Ling and pay by March 19

2020-21 SAT Administration Dates and Deadlines Outside of Saint Joseph's

March 13, 2021	SAT Subject Tests not offered on this date	February 12, 2021	February 23, 2021 (for mailed registrations) March 2, 2021 (for registrations made online or by phone)	March 2, 2021
May 8, 2021	See SAT Subject Tests available on this date	April 8, 2021	April 20, 2021 (for mailed registrations) April 27, 2021 (for registrations online or by phone)	April 27, 2021
June 5, 2021	See SAT Subject Tests available on this date	May 6, 2021	May 18, 2021 (for mailed registrations) May 26, 2021 (for registrations made online or by phone)	May 26, 2021

2020-2021 ACT Test Dates (act.org)

April 17 - must register online by March 12, 2021
 June 12 - must register online by May 7, 2021
 July 17 - must register online by June 18, 2021



Athletic Updates & Information

For an update of our Winter athletics, go to SJCASports.org



Dear WolfPack Community,

The winter sports regular season is winding down. Boys (4-9) and Girls (5-2) basketball are in the home stretch. Postseason play begins March 1 should they qualify. Due to Covid-19, our wrestlers were only able to participate in one tournament this year. The postseason is in full swing for the wrestlers and a wrap-up will be included next month. They are competing at Districts and Regionals over the next couple of weekends in hopes of earning a spot in the state championships. There were no Indoor Track events this year due to meets being canceled. It has been a challenging winter season but the WolfPack has done well given the circumstances. We are proud of the student-athletes and look forward to a strong run in the postseason. As one season comes to a close, another is just around the corner. Spring sports practices will begin on March 8th.

Keep Up-To-Date

Please remember that www.SJCASports.org is the "one stop shop" for all things sports and activities. Announcements, schedules, online registration, travel information, links to social media, and more can be found here. Please continue to visit <https://www.instagram.com/saintjoescatholicacad/> and <https://twitter.com/goSJCASports> to follow the happenings around campus.

Back the Pack: The Pack Athletics & Activities Committee (PAAC) will be looking for volunteers to help plan, organize, and run the Golf Outing. Mark your calendars for **Monday, June 7th**. The Golf Outing is a great event that helps support our programs. Please consider getting involved with this event. If you are interested in helping, please let me know. More information for ways to give can be found here <https://sjcasports.org/main/boosters/>. The group is currently on hiatus due to Covid-19 guidelines but hope that our meetings will start-up again soon.

Our programs cannot be successful without your support. Thank you for all your time and efforts. If you have any questions or concerns, please do not hesitate to reach out to me jrodkey@stjoeacad.org.

Blessings & Go WolfPack!
Dr. Justin Rodkey, Director of Athletics & Activities

Three Saint Joseph's Student-Athletes sign their National Letters of Intent



Saint Joseph's Catholic Academy seniors Kathleen Simander, Zachary Witmer,

and Camryn Eby gathered together this morning alongside friends, family, coaches, teammates, and fellow seniors to sign their National Letters of Intent to continue their athletic careers at the collegiate level.

Saint Joe's Director of Athletics & Student Activities, Dr. Justin Rodkey opened the ceremony by recognizing some of the many athletic accomplishments of these athletes. "Over the past four years, Camryn & Kathleen have run many miles together. Countless hours of warming-up, cooling-down, or running for what might seem like hours, brought them to this point today. They shared tears, enjoyed many laughs, and experienced much success. Camryn & Kathleen's accolades include district and state championships... Zack's journey over the past four years took place on the mat. His countless hours involved take-downs, escapes, and pins. Zack and his teams had fun with their wacky warm-ups and never complained when they had to set-up/tear-down the mats. Zack's accolades include 2 district titles, over 150 wins, and is a 3-time state medalist. Let's get #4!"

[Read More](#)

SAVE THE DATE!



SAINT JOSEPH'S
WOLFPACK
ANNUAL GOLF OUTING

June 7th, 2021

Centre Hills Country Club

Visit WWW.SJCASPORTS.ORG for more information!

All proceeds benefit Athletics at Saint Joseph's Catholic Academy.

Development & Advancement



Don't know what to Give Up for Lent this year?

Support Saint Joseph's by Giving to Sponsor A Student

In order to prepare for Easter, our Catholic tradition is to observe the season of Lent. During Lent, believers typically fast, give something up, or commit to certain acts of kindness for the 40 days between when Lent starts and ends. However, it's sometimes difficult to decide what to give up for Lent — after all, you can only give up chocolate so many times!

With this in mind, we are asking you give up something so you can support Saint Joseph's Students by giving at least \$51.00. Why \$51.00? Here at Saint Joe's it costs approximately \$51.00 to educate one student for one day. So we ask that you consider giving at least \$51.00 during this time of Lent which runs from February 17th to April 3rd.

Sponsor A Student now by sending your contribution to:
Saint Joseph's Catholic Academy
C/O Development Office-Susan Robinson
901 Boalsburg Pike
Boalsburg, PA 16827

*Write "Sponsor A Student" on the memo line of your check

Or Sponsor A Student now by giving online at
<https://stjoeacad.org/advancement/sponsor-a-student/>

Name a Scholarship at Saint Joe's!

Named scholarships benefit qualifying Saint Joseph's students. To establish a Named Scholarship, a commitment of \$500 or more for a minimum of three consecutive years is required. This allows the donor(s) to work with the school to create the scholarship in their name or the name of someone they wish to honor.

With a named scholarship, your entire contribution is awarded each year to a qualified student. Without this support, some students would not be able to financially attend Saint

Joe's.

Saint Joseph's Catholic Academy will recognize the Named Scholarship Program donors at a yearly event. This event will provide the opportunity for our thoughtful and generous benefactors to meet their scholarship recipient(s) and for our student scholarship awardees to personally thank the individual or family for their commitment and support of their Catholic education.

To learn how to Name a Scholarship at Saint Joe's, email Susan Robinson at srobinson@stjoeacad.org, call her at 814-808-9118, go to our website at <https://stjoeacad.org/advancement/named-scholarship-program/>

Announcing the Saint Joseph's Catholic Academy Hall of Fame! Nominations accepted starting March 1st.

We are thrilled to announce the creation of The Saint Joseph's Catholic Academy (SJCA) Hall of Fame. The Hall of Fame recognizes SJCA graduates or special contributors who have helped define and advance the SJCA mission and pillars of faith, scholarship, leadership, and service through their post-graduate achievements and/or contributions. Each Year, the SJCA Hall of Fame Selection Committee may choose up to two honorees from a cumulative list of nominations submitted in writing to the Selection Committee. In celebration of the SJCA's 10th Anniversary, the inaugural Hall of Fame inductees will be announced during the 2021-2022 academic year and will be honored during a special ceremony held at SJCA. Starting March 1st, you can find out more information on our website's Alumni page about the Hall of Fame bylaws, selection criteria, and nomination timeline. Nominations will be accepted from March 1-May 31, 2021.

Starting March 1st, use the link below for more information starting March 1st including the Saint Joseph's Hall of Fame.

<https://stjoeacad.org/sjca-hall-of-fame/>

**Thinking about applying to Saint Joseph's?
Learn from Camryn what makes Saint Joe's special!**



To learn more about applying, contact Maryann Lingenfelter at mlingenfelter@stjoeacad.org or (814) 808-6118.

To apply for admissions, students and families will complete the following:

1. Complete an online application and submit the application fee.
2. Schedule a meet and greet.
3. Provide past transcripts or report cards.
4. Complete the enrollment process.

Alumni Spotlight

By: Susan Robinson Frucht

Each month we will check in with some Saint Joseph's Alumni doing a Q & A to spotlight their journeys. Our spotlight this month is Peter Forstmeier '18. Thanks to Peter for sharing about his journey and how Saint Joe's has impacted him. Peter is utilizing his Saint Joe's experience to do things he is passionate about! To read all of our Alumni Spotlights, check out <https://stjoeacad.org/alumni-spotlights/>



Peter (left) with his brother Michael (right) in summer 2020 before a camping trip.

Peter Forstmeier--SJCA Class of 2018

1. Describe your college experience; Where you attended; Your major(s) both undergrad and graduate; A couple of your favorite things about your college experience.

I am currently a junior at Penn State main campus majoring in Biochemistry & Molecular Biology with a minor in Microbiology. I have enjoyed my experiences in a research lab, and on the club swim team. I enjoy meeting and getting to know new groups of people.

2. What are you currently doing from a career or education standpoint?

I am earning my B.S. currently, and I am planning graduate education before joining the workforce.

3. What are some of your favorite things you like to do in your personal time?

I love mountain biking, swimming, hiking, reading, and writing.

4. How did Saint Joe's impact you? And how are you using the things you learned at

Saint Joe's today?

Saint Joe's helped me learn that I love science, in particular the excellent science teachers at SJCA fostered that in me. Had I not learned that, I would likely be studying in a field I would not be 100% committed to in order to get a job I wouldn't love. Luckily, I had Saint Joe's to help me realize what I wanted to do with my life.

5. What are you passionate about?

I love exploring and I love learning. I find that the two are often intertwined.

6. One of your favorite quotes or Bible verses:

"The first gulp from the glass of natural sciences will turn you into an atheist, but at the bottom of the glass God is waiting for you"

– Werner Heisenberg.

Saint Joseph's alum Peter Forstmeier has been announced as one of Penn State's four candidates for the 2021 Goldwater Scholarship.

According to Penn State's press release the Goldwater Scholarship is "a highly competitive national award given to undergraduates in the fields of natural science, engineering and mathematics who are interested in a career in research."

Peter is majoring in biochemistry and molecular biology with the goal of pursuing a career in scientific research.

Congratulations — we are proud of you, Peter!

To read the full press release from Penn State, [click here](#).

How Can You Help?

During this health crisis Amazon Smile is still helping non profits and putting a smile on our faces. As you are shopping for supplies please consider using Amazon Smile for your purchases and continue to help Saint Joe's.



The money that is raised helps the school cover the costs for cleaning, repairs, and technology expenses associated with this crisis.

Would you be willing to help? First, sign up yourself! Then, send this note to your friends and family and ask them to participate with us.

Signing up is easy!

AmazonSmile is a way for families and friends to support your Saint Joe's every time you shop with Amazon. Shoppers who start at smile.amazon.com will find the same Amazon they know and love, with the added bonus that Amazon will donate a portion of the price of eligible purchases to Saint Joseph's Catholic Academy.

Here's how to shop AmazonSmile:

1. Visit smile.amazon.com
2. Sign in with your Amazon.com credentials.
3. Choose a "St Josephs Catholic Academy"
4. Select St Josephs Catholic Academy Inc.
4. Start shopping!
5. Add a bookmark for smile.amazon.com to make it even easier to return and start your

Our Sacred Infirmities

Around the same time, I was preparing to write this month's article, I was also preparing my sermon for the Sixth Monday in Ordinary Time. The story (Mark 1:40-45) is a familiar one. A leper approaches Jesus and, "kneeling down begged him and said, 'if you wish you can make me clean'" Not only was the leper suffering from a terrible skin disease, but he was considered "unclean/dirty" and, therefore, was alienated from communal worship in the Temple and from communal life in general. Jesus crosses the boundaries of this man's alienation and marginalization and heals him through touch. The Swiss mystic and spiritual writer Adrienne von Speyr in reflecting on this story writes the following:

The Lord never hears a request with indifference. He answers, directing his love to the one making the request. Jesus touches the leper physically, with his outstretched hand; although the disease is filthy, repulsive, infectious, he does not shrink from laying his hand on the sick man, on his diseased skin, directly on what is most repulsive. The sick man asked for this... We confess, we lay bare our illness (our infirmities), to the Lord, and insofar as we show it, we hope for him to lay his hand directly on the spot that is diseased. He is not repulsed; he loves the sick man, and love overcomes all things. I think it is important to mention, that had this man not had leprosy, he may not have met Jesus along the way. It was the leprosy itself that allowed this encounter.

We, like Jesus, are asked to reach out to the marginalized, to recognize the "lepers" among us whatever their symptoms. We encounter people every day who feel they are not worthy of the love of Christ, who are outcast because they feel unclean or unworthy. But, before we reach out to these, we have to recognize that we, to one degree or another, all experience alienation. All of us feel that there is something hindering our "acceptance" or in other words we are all calling out, "if you wish you can make me clean." This Lent we come before Christ and we allow all of those things that we think keep him away from us to become a chance for an encounter with him. Jesus did not embrace the man in spite of his leprosy, rather he embraced him through his leprosy. He touched him as Von Speyr says, "directly on what is most repulsive."

The very things that we think keeps us from God, from Jesus Christ are actually opportunities for an encounter. They are what I like to call our *sacred infirmities*. We come before God bringing all of this "stuff" and we hear the words from Matthew's Gospel, "moved with pity, he stretched out his hand, touched him, and said to him, 'I do will it.'" We all long for the mercy or in the words of this passage the pity of God. We need to reimagine God over and over again as we move more and more closer to a God who does not long to judge us, but rather longs to offer His pity, His mercy.

The cry to be made clean is a cry to be made whole again. We suffer from all sorts of things. For some it is addiction, depression, anxiety. For others it is a life that has left us wounded, or a dark secret from the past. For many of us, it is simply a feeling of



unworthiness. We are all wounded in some way. But, somewhere along the line this great lie began to weave its way into Christianity/Catholicism and it goes something like this: Christianity/Catholicism is for the “clean, the pious, and the moral.” This lie has left so many others along the way feeling unworthy of the love of Christ. And yet the story of the leper tells us that the exact opposite is true. Jesus Christ embraces us precisely through our infirmities. Just like the leper he anoints them and declares them *sacred*. He works through our *sacred infirmities* to show us a love that we could never imagine. He touches us precisely in that spot where we feel most repulsive, most unloved. The words of Mark’s Gospel now spoken directly by Jesus ring in our ears. “*I am moved with pity for you.*” We begin to embrace a God who is actually *moved* with pity for us and we allow ourselves to be made clean, to be healed, to be radically loved and radically accepted precisely how we are. And then, we become agents of this same love as we go out into the world moved with pity ourselves seeking to break through the alienation that others experience by sharing the same healing touch that Christ has shared with us. We begin to see the world and ourselves in a whole different way when we realize that our wounds, while often repulsive to us, are, through the eyes of Christ, seen as nothing short of *sacred infirmities*.

Important Dates

Out of Uniform Day
February 26th

Spring Break
March 8-12th

End of Quarter 3
March 23rd

Out of Uniform Day
March 26th

Athletic Events

Go to SJCASports.org for an athletic schedule.

Saint Joseph's Catholic Academy | 901 Boalsburg Pike | Boalsburg, PA 16827
(814) 808-6118 | admin@stjoeacad.org | www.stjoeacad.org | www.sjcasports.org

