

## HAPPY ANNIVERSARY, BISHOP MARK!

The diocese is celebrating the 10th anniversary of Bishop Mark's ordination and installation as Bishop of Altoona-Johnstown.



### A Message from Ms. Mallett

As we approach the close of the 20-21 academic year and celebrate our graduating Seniors we ask the Saint Joe's community to come together to give generously toward creating opportunities for our students to grow into who they are meant to be and prepare to change the world.

Here are four reasons why your generous gifts will make an enormous difference in the lives of our students.

#### 1. Every gift benefits students

Every gift that is received goes straight to benefitting our students. From funding scholarships, grants, and to supporting individual groups, every gift directly fuels students' future success.

#### 2. Every gift goes where you put it

If you give toward a specific scholarship, group, team, program or other designation, that's where the gift goes. If you leave it unmarked, each gift still directly ends up in students' hands through our Joseph's Fund, which goes to the area of greatest need at the school.

#### 3. A little does a lot

Even if you give a little, it can make an enormous difference. Every little bit counts. It's incredible how much we can do together when we all contribute what we can.

#### 4. This is who we are

We are a generous community and have been since opening our doors in 2011. The opportunities available to each student, are only made possible because of our community's generosity. We've done incredible things since 2011, and we will continue to do even more now and into the future.

No matter what your reason is for giving, thank you in advance for supporting our students and setting them up for success.

Sincerely,  
Ms. Jennifer Mallett



## Under Your Scars...

In preparation for SJCA's recent Leadership Enrichment Day Jennifer Cross, the facilitator, asked me to lead the portion on prayer. The purpose of this exercise was to develop the idea that prayer rooted in Jesus Christ is essential to authentic Christian leadership. And since it is hard to tell someone how to pray, we decided rather than lecture the students, we would lead them in contemplative prayer using steps provided by Matthew Kelly's Dynamic Catholic. After reviewing the steps, which were well done, I suggested to Mrs. Cross that there was one step that was missing, namely: *vulnerability*. My spiritual director has always told me that there are two things that are essential to authentic prayer: *being vulnerable* and *showing up*.

Unfortunately, I think that the ability to be vulnerable is lost on our times. And this is significant because when we lose the ability to be vulnerable we surrender the opportunity for communion with God, and then therefore communion with each other.



[Read More](#)

Each week students, faculty, and staff attend Mass in the Robert and Alice Thomas Student Life Center. Father Jonathan delivers weekly homilies that truly resonate with students and the community alike. If you are interested in watching weekly Mass, check out Saint Joseph's Facebook for the live stream from 9:23 a.m.-10:05 a.m. or catch the Homily Happenings recap on Saint Joseph's Facebook, Instagram, or Twitter.

# Saint Isidore Student to Student Scholarship

The scholarship committee for the scholarship of the students, by the students, for the students met and have an official name for this scholarship. **The committee, consisting of Taylor James, Akio Ohmoto, Asa Reynolds, Liam Zally, and Pearl Statham, has named the scholarship the Saint Isidore Student to Student Scholarship.** Saint



Isidore, the Patron Saint of Students and Technology, founded schools and is a Saint who demonstrates exceptional life's work in each of our four pillars of Faith, Leadership, Scholarship, and Service. Committee member Akio Ohmoto felt that Saint Isidore "exemplified the message of Saint Joe's, to teach others through faith as well as technology. Since the scholarship covers the school's technology fee, it was only fitting to name it after Saint Isidore."

The scholarship committee will award two \$650 scholarships to current Freshmen, Sophomores, and/or Juniors for the next academic year 2021-2022. This amount covers the cost of the Technology/Activity annual fee (\$650). They will present and award this scholarship at our awards assembly in May.

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Saint Joseph's chapter of the  
National Honor Society  
assembled 100 Jared Boxes.  
These boxes will be delivered  
to Mount Nittany Hospital.



## Therapy Dogs

Therapy dogs have been active in schools for some time. Teachers and administrators have witnessed the effects therapy dogs have on students and themselves. The benefits of having therapy dogs in the classroom include:

**Physical benefits.** Interaction with therapy dogs has been shown to reduce blood pressure, provide physical stimulation and assist with pain management.

**Social benefits.** A visiting therapy dog promotes greater self-esteem and focused interaction with other students and teachers.

**Cognitive benefits.** It has been empirically proven that therapy dogs stimulate memory and problem-solving skills.

**Emotional and mental health benefits.** A



recent national survey of adolescent mental health found that about 8 to 10 percent of teens ages 13 to 18 have an anxiety disorder. A therapy dog can lift moods in the classroom, often provoking laughter. The therapy dog is also there to offer friendship and a shoulder to lean on for students.

With all these benefits as stress, anxiety, and depression are at an all-time high in this pandemic, Saint Joseph's hosted four therapy dogs at the school in April during FLEX periods. Students had the option to spend some time engaging with these lovable dogs while receiving the many physical, cognitive, and emotional benefits!

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## Senior Speeches

Senior Speeches have become a staple at Saint Joseph's. Each year, the seniors have the opportunity to stand before their peers, faculty, staff, coaches, and family to reflect on their journey at Saint Joseph's, offer some words of wisdom to the underclassmen, and thank those who made a difference in their lives. Check out our social media to see each Senior Speech recap!





# CLASS OF 2021 JOSH ROGAN

MY CHALLENGE TO THE UNDERCLASSMEN  
IS TO SEARCH AND FIND YOUR OWN  
PASSION. GO OUTSIDE YOUR COMFORT  
ZONE AND TRY NEW THINGS BECAUSE IN  
THE END, ONCE YOU HAVE FOUND  
SOMETHING YOU'RE PASSIONATE ABOUT,  
YOU'LL BE GLAD YOU WENT SEARCHING.  
IF YOUR EXCUSE FOR NOT LOOKING IS  
FEAR OF FAILURE OR FEAR OF WHAT  
MIGHT HAPPEN, GOOD. FEAR THE FUTURE  
AND WHAT IT HAS IN STORE SO YOU  
OVERPREPARE, SO YOU SET YOURSELF  
UP SO THERE'S NO WAY YOU CAN FAIL.  
USE THIS FEAR TO PUSH YOU TO BE  
BETTER.



## Athletic Updates & Information

For an update of our Winter athletics, go to [SJCASports.org](https://SJCASports.org)



Dear WolfPack Community,

I hope everyone is staying safe and doing well.

**Spring is in Full Swing:** Our springs sports have been in action and have been battling the weather as much as their opponents. We will have a full recap of spring sports in May.

Please visit our website to get up-to-date information on all thing's sports

[www.SJCASports.org](https://www.SJCASports.org)

**Important Dates:**

**Sports Recognition Assembly: Wednesday 5/19.** We will recognize our student-athletes during an in-school assembly. Due to Covid-19 protocols, this will be a school only event. The assembly will be live streamed on Facebook for parents, friends, and family to help us celebrate their accomplishments. Please mark your calendars today! Live Stream will begin around 9:20 am and end around 10:05 am.

**Annual Golf Outing: Monday, 6/7.** Please mark your calendars today! More details can be found here: <https://sjcasports.org/main/adnews/ID/52100727>

**Media Updates:**

Please continue to visit <https://www.instagram.com/saintjoescatholicacad/> and <https://twitter.com/goSJCAsports> to follow the happenings around campus.

**Back the Pack:** The Pack Athletics & Activities Committee (PAAC) will be looking for volunteers for 2021-2022 to help plan, organize, and operate various activities throughout the school year. Please consider getting involved. If you are interested in volunteering, please let me know.

More information for ways to give can be found here <https://sjcasports.org/main/boosters/>. The group is currently on hiatus due to Covid-19 guidelines but hope that our meetings will start-up again soon.

Our programs cannot be successful without your support. Thank you for all your time and efforts. If you have any questions or concerns, please do not hesitate to reach out to me [jrodkey@sjcacademy.org](mailto:jrodkey@sjcacademy.org)

Blessings & Go Wolfpack!

Dr. Justin Rodkey, Director of Athletics

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# Support Saint Joseph's Athletics and Activities

**Join in the fun at our annual Four Pillars Golf Tournament on Monday, June 7th at Centre Hills Country Club to support our Saint Joseph's Pack Athletics & Activities. Register Now and Sponsor this important event by accessing our Four Pillars Golf Brochure at**

**<https://stjoeacad.org/athletics/golf-outing/>**



## Softball Makes History in its First Program Game

The following article was written by Saint Joseph's Junior Grace Rose. Grace is also a member of the first-ever Saint Joe's softball team.

The first softball game in program history might not have ended the way the WolfPack had wanted, but there is hope that the rest of the season will be better! This year was not only the first season in program history, but the first time many of the players set foot on a softball field. Despite the adversity they will face, the team is in it for the long haul. Head Coach Bill Myers has emphasized to his team the importance of the process, not the immediate results. The Wolves are looking forward to seeing how much they will have improved in the final games of the season.

As the team got off the bus to face Bishop McCort in their first game, they looked united, confident, and ready to play ball. Senior Morgan Wolf was the first batter, and she started the season off with a bang sending the second pitch into left field with a solid line drive. Junior Grace Rose then stepped up to the plate, with Wolf on first. Wolf tried to steal





on the first pitch, but a nice throw from the Bishop McCort catcher resulted in the first out of the game. After several pitches, Rose hit a fly ball to right field that resulted in a double. Freshman Lizzie Weller walked, bringing up Jordyn Rose in as the power hitter, with runners on first and third. Weller advanced to second on a passed ball putting runners into scoring position on second and third. Jordyn Rose hit a line drive to left field, driving in Grace Rose and Weller to bring the score to 2-0. The inning ended without another score.

Weller started her pitching career off with two strikeouts in the first inning. The third out was made by third baseman and Junior, Madi Mazza. These plays didn't prevent the Crushers from scoring one run in the first inning. After a scoreless second inning it remained 2-1 at the start of the third. A third run was soon scored as Jordyn Rose hit Weller in to regain the Wolves 2 run lead.

In the bottom of the third the Crushers caught up to Weller's pitching, scoring 14 runs. The WolfPack continued to fight, tacking on one run by Junior Riley Marflak making it 14-5. Wolf then stepped in to pitch and Weller moved to short-stop to finish the game. The Crushers knocked in four more runs to end the game 19-4.

While this is not the outcome the team wanted nor desired, they look forward to putting in the work and ultimately winning some games this season.

**Softball has since gone on to win their first game!**  
**Read the press release [here](#).**



Girls Volleyball presented a check for over \$1,900 to PA Pink Zone's Board President, Mitch Kirsch. This money was raised in the fall of 2020. A special thank you to Terry Losch, owner of Rapid Transit Sports, for his tremendous generosity in sponsoring the t-shirts which the team sold to raise these important funds.

**Congratulations Officer Pollack!**



To our very own Officer Franie Pollack, "Congratulations on your confirmation. May God in all His goodness bless this special day with true happiness, and may you always keep the memory of your Confirmation day and let it and your faith be a guide. Congratulations and best wishes!"

## Development & Advancement

### **Impact the Lives of Saint Joe's Students by Supporting Saint Joe's During Centre Gives on May 11<sup>th</sup> & 12<sup>th</sup>**

Centre Foundation's 36-hour online giving event is set to begin on May 11th at 9 am and conclude on May 12th at 9 pm. This event is designed to support the great work of local nonprofits serving Centre County including Saint Joe's. Because we will not have the Serve-A-Thon this year, we are requesting that all Saint Joe's families and benefactors personally give or solicit donations for this event. Saint Joe's families, please see the email that was sent last week regarding details for this event. Centre Gives will accept only online credit or debit card donations at <https://centregives.org/> starting at 9am on May 11<sup>th</sup>. Centre Gives will accept minimum contributions of \$10 this year. Be on the look-out for all of our promotions for this event. All donations contributed on behalf of Saint Joe's will benefit our school directly.



### **"Barbecue Wines that Rock"**

**Join us on Sunday, June 6, 2021 at Centre Hills Country Club**

#### **EVENT DETAILS**

- \$75 per person
- Limited to 30 participants
- Centre Hills Wine Educator and Event Director, Jamie Ryan, will present Barbecue Wines that Rock
- Event starts at 5:00pm
- Dressy Casual Event that will be a relaxed, interactive, and fun evening!
- Reservations are required
- Contact Susan at [srobinson@stjoeacad.org](mailto:srobinson@stjoeacad.org) or call her at 814-808-6118 to reserve your spot.
- Online Registration will be forthcoming on our website under the Advancement tab.

**Join Us at our Four Pillars Golf Tournament Fundraiser on June 7, 2021 at Centre Hills Country Club.**

Get the Tournament Brochure & Registration Info Here:  
<https://stjoeacad.org/athletics/golf-outing/>

**Event Details**  
**Individual Golfer: \$200\***  
**Foursome: \$650\***

\*Includes golf, cart, lunch, and dinner for Individuals and Foursomes

Registration with lunch begins @ 11:30am  
Four-player Scramble Shotgun Start @ 12:30pm

**Sponsorships Still Needed:**

**Corporate Sponsors (\$1,000)**

**A great way to get your company's name attached to the event:**

- One (1) foursome
- Logo/Company info on the event banner
- Recognition on all event promotions
- Two (2) separate on-course recognitions

**Tee Sponsors (\$200)**

**Choose a tee to sponsor. This is a great opportunity to show your support for SJCA Athletics:**

- Sign on near a tee box
- Recognition on event promotions

**Green Sponsors (\$100)**

**A great option for friends, families, and Wolfpack members:**

- Sign near a green
- Recognition on event promotions

**Nominations Being Accepted for Our First Saint Joseph's Hall of Fame Class!**

The Saint Joseph's Catholic Academy Hall of Fame recognizes Saint Joseph's graduates or special contributors who have helped define and advance the Saint Joseph's mission and pillars of faith, scholarship, leadership, and service through their post-graduate achievements and/or contributions. Nominations are being accepted until May 31, 2021 for our first ever Hall of Fame class!

Submit your nomination at <https://stjoeacad.org/sjca-hall-of-fame/> Call Susan at 814-808-6118 if you have any questions.

**Name a Scholarship at Saint Joe's!**

Named scholarships benefit qualifying Saint Joseph's students. To establish a Named Scholarship, a commitment of \$500 or more for a minimum of three consecutive years is required. This allows the donor(s) to work with the school to create the scholarship in their name or the name of someone they wish to honor.

With a named scholarship, your entire contribution is awarded each year to a qualified student. Without this support, some students would not be able to financially attend Saint Joe's.

Saint Joseph's Catholic Academy will recognize the Named Scholarship Program donors at a yearly event. This event will provide the opportunity for our thoughtful and generous benefactors to meet their scholarship recipient(s) and for our student scholarship awardees to personally thank the individual or family for their commitment and support of their Catholic education.

To learn how to Name a Scholarship at Saint Joe's, email Susan Robinson at [srobinson@stjoeacad.org](mailto:srobinson@stjoeacad.org), call her at 814-808-6118, or go to our website at <https://stjoeacad.org/advancement/named-scholarship-program/>



# Alumni Spotlight

## By: Susan Robinson Fruchtl

Each month we will check in with some Saint Joseph's Alumni doing a Q & A to spotlight their journeys. Our spotlight this month is Jack Mangene (Class of 2019). Thanks to Jack for sharing about his journey and how Saint Joe's has impacted him. It's great to hear how Jack is utilizing his Saint Joe's experience to pursue his passions!



Jack attends Eastern University where he is a member of the men's golf team.

**Describe your college experience; Where you attended; Your major(s) both undergrad and graduate; A couple of your favorite things about your college experience.**

I attend Eastern University pursuing a B.A. in exercise science. I intend on going to Grad school to become a Doctor of Chiropractic. Some things I have really enjoyed about my school are meeting great people in a Christian community, and taking classes focused solely on the things that I am interested in.

**What are you currently doing from a career or education standpoint?**

When I am not at school, I am working as an aid for a Physical Therapist at a Health Center called "IM-Health" in Wayne, PA. I am also a part time musician for restaurants, private events, and weddings.

**What are some of your favorite things you like to do in your personal time?**

I enjoy playing golf, lifting weights, playing music, and spending time with my friends.

**How did Saint Joe's impact you? And how are you using the things you learned at Saint Joe's today?**

Saint Joe's consistently reminded me to be disciplined about my faith, which has helped me succeed in college because I am now in a setting where I am not forced to take initiative in

my relationship with God. Weekly mass, daily prayers, and theology class instilled a habit of thinking about how the Lord works in my life every day.

**What are you passionate about?**

I am passionate about proper health and care of the human body. Taking classes in my major and having experiences under a Physical Therapist has led me to believe that our physical health is an extremely important part of our lives that people often underestimate, or simply don't understand. I enjoy learning how to diagnose, treat, and rehabilitate injuries. I am loving learning how to properly communicate with patients and create relationships with them that improve their total physical condition.

**One of your favorite quotes or Bible verses:**

"Trust in the Lord with all your heart, and lean not on your own understanding. In all your ways submit to Him and He will keep your paths straight." -Proverbs 3:5-6

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## College Corner



### Senior Checklist to College Readiness

May 1st is College Decision Day!

1. Meet with your counselor to go over your graduation requirements and plan.
2. Visit as many colleges if possible. If you can't visit in person, do virtual tours.
3. Request an updated senior transcript be sent to the colleges of your choice.
4. Ask specific recommenders to write you a letter of recommendation.
5. Request your letters of recommendation be sent to the colleges of your choice.
6. Fill out your FAFSA Application and any Scholarships Opportunities.
7. Focus on dates and deadlines for your college applications, FAFSA application and scholarships.
8. Send SAT or ACT scores to the colleges of your choice. (Only if requested by your specific college).
9. If you are student-athlete, fill out the NCAA requirements and contact college coaches.
10. Check your college portals to see if you have items still needed to complete the college application process.

Being prepared to make the next step after high school is crucial for success!!!

### Junior Checklist to College Readiness

1. Identify your goals and priorities
2. Research the type of career and training you will need by visiting O\*NET Online
3. Explore the schools that offer the training and degrees that you might be interested in attending.
4. Make sure the classes you are taking at Saint Joseph's match with what you would need to take for your degree or to get into the field you are interested in at that college.
5. Discuss options with your parents or guardians about schools and career options.
6. Discuss how to pay for college (parents will pay, or will you be paying for college)?
7. Login to CollegeBoard.org to make an account to register for the SAT or ACT exams. If you already have an account from taking the PSAT testing last year, you will use the same login.
8. Take at least two standardized tests (SAT or ACT) before the end of the summer after your junior year. If you can't get two tests in before the end of the summer, you must have all of your testing done by October in order to begin the application process to colleges for early action (November 1st) in your senior year.
9. Identify the colleges you would like to visit. Please try to visit at least 5 to 6 colleges before October of your senior year.
10. For each college you visit/have interest, go to the admissions or undergraduate admissions tab to create a login account for that college.
11. Set up a day to visit that college. Make sure you bring questions to ask about the college. Research what the college has to offer for your degree or college activities. Also research the career placement in your field at that college.
12. If you are a student athlete looking to play in college D-1, D-2 or D-3, please make sure you fill out the NCAA Eligibility form by going to [ncaa.org/playcollegesportseligibilitycenter.org](http://ncaa.org/playcollegesportseligibilitycenter.org). You must have this form filled out if you are planning to play competitive sports in college.
13. Start researching scholarship opportunities at:  
[CollegeNet.com](http://CollegeNet.com) [Fastweb.com](http://Fastweb.com) [CollegeBoard.com](http://CollegeBoard.com) [MySmartBorrowing.org](http://MySmartBorrowing.org)

### Helpful Links

#### Will College campuses return to normal in the Fall 2021-2022?

<https://www.bestcolleges.com/blog/college-campus-covid-19-guidelines-fall/>

#### Applying for Scholarships Junior Year

<https://www.scholarships.com/financial-aid/college-scholarships/scholarship-directory/school-year/high-school-junior>

<https://scholarships360.org/scholarships/top-scholarships-for-high-school-juniors/>  
<https://www.pinterest.com/pin/35114072084643456/>

#### 10th Grade Checklist to College Readiness

<https://www.slu.edu/beabilliken/quizzes-checklists/checklist-tenth-grade.php>

#### 9th Grade Checklist to College Readiness

<https://www.collegetransitions.com/blog/how-should-9th-graders-prepare-for-college/>

### College Resources

#### [PHEAA.org](http://PHEAA.org)

PA State Grant Program and other state-administered financial aid programs.

#### [MySmartBorrowing.org](http://MySmartBorrowing.org)

An Interactive tool that helps you calculate and compare the cost of your college choices.

#### [Studentaid.gov](http://Studentaid.gov)

Info on preparing for and funding your education and excellent resource for questions



regarding federal aid.

[Studentaid.gov/aid-summary](https://studentaid.gov/aid-summary)

A central database containing info about your federal loans and grants.

[PHEAA.org/PAForward](https://PHEAA.org/PAForward)

PA Forward Private Student Loans

[Fastweb.com](https://Fastweb.com)

Free search tool for scholarships, internships, and part-time jobs.

[Collegecost.ed.gov](https://Collegecost.ed.gov)

Links to colleges' net price calculators

### 2020-21 SAT Administration Dates and Deadlines Outside of Saint Joseph's

<b>June 5, 2021</b>	See SAT Subject Tests available on this date	<b>May 6, 2021</b>	<b>May 18, 2021</b> (for mailed registration) <b>May 26, 2021</b> (for registration made online or by phone)	<b>May 26, 2021</b>
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### 2020-2021 ACT Test Dates ([act.org](https://act.org))

**June 12** - must register online by May 7, 2021

**July 17** - must register online by June 18, 2021

## Important Dates

There is a LOT happening at Saint Joe's this last month of school! Be sure to check the school calendar (located on the website) for detailed information about the following events: Senior Dinner, Senior Trip, Prom, Athletic Awards, Academic Awards, Wine Tasting Event, Golf Outing, and more!

**ACT - Freshmen Only**  
May 4th

**Graduation Practice & Prayer Service**  
May 21st

**College Shirt Day - Seniors Only**  
May 5th

**Baccalaureate Mass & Graduation Ceremony**  
May 22nd

**Financial Assistance Applications Due**  
May 7th

**Final Exams**  
May 24th-28th

**Saint Isidore Scholarship Applications Due**  
May 7th

**Last Day of School**  
May 28th

**Senior Final Exams**  
May 19th-20th

## Athletic Events

**Go to [SJCASports.org](https://SJCASports.org) for an athletic schedule.**

Saint Joseph's Catholic Academy | 901 Boalsburg Pike | Boalsburg, PA 16827  
(814) 808-6118 | [admin@stjoeacad.org](mailto:admin@stjoeacad.org) | [www.stjoeacad.org](https://www.stjoeacad.org) | [www.sjcasports.org](https://www.sjcasports.org)



