

Jack Mangene – Class of 2019

Describe your college experience; Where you attended; Your major(s) both undergrad and graduate; A couple of your favorite things about your college experience.

I attend Eastern University pursuing a B.A. in exercise science. I intend on going to Grad school to become a Doctor of Chiropractic. Some things I have really enjoyed about my school are meeting great people in a Christian community, and taking classes focused solely on the things that I am interested in.

What are you currently doing from a career or education standpoint?

When I am not at school, I am working as an aid for a Physical Therapist at a Health Center called "IM-Health" in Wayne, PA. I am also a part time musician for restaurants, private events, and weddings.

What are some of your favorite things you like to do in your personal time?

I enjoy playing golf, lifting weights, playing music, and spending time with my friends.

How did Saint Joe's impact you? And how are you using the things you learned at Saint Joe's today?

Saint Joe's consistently reminded me to be disciplined about my faith, which has helped me succeed in college because I am now in a setting where I am not forced to take initiative in my relationship with God. Weekly mass, daily prayers, and theology class instilled a habit of thinking about how the Lord works in my life every day.

What are you passionate about?

I am passionate about proper health and care of the human body. Taking classes in my major and having experiences under a Physical Therapist has led me to believe that our physical health is an extremely important part of our lives that people often underestimate, or simply don't understand. I enjoy learning how to diagnose, treat, and rehabilitate injuries. I am loving learning how to properly communicate with patients and create relationships with them that improve their total physical condition.

One of your favorite quotes or Bible verses:

"Trust in the Lord with all your heart, and lean not on your own understanding. In all your ways submit to Him and He will keep your paths straight." -Proverbs 3:5-6



Jack attends Eastern University where he is a member of the men's golf team.